

1	למנצח	על	יונת	אלם	רחקים	לדוד	מכתם	באחו	אתו	פלשתים	בגת
	lmntzch	ol	iunth	alm	rchqim	ldud	mkthm	bachz	athu	phlshthim	bgth
	for-permanent	on	dove	mute	afar-ones	to-David	inscribed	in-holding	him	Philistines	in-Gath
	חנני	אלהים	כי	שאפני	אנוש	כל	היום	לחם	ילחצני		
	chnni	aleim	ki	shaphni	anush	kl	eium	lchm	ilchtzni		
	be-gracious-to-me	Elohim	that	he-gasps-me	mortal	all-of	the-day	one-fighting	he-is-oppressing-me		
2	שוררי	שאפו	כל	היום	כי	רבים	לחמים	לי	מרום		
	shaphu	shurri	kl	eium	ki	rbim	lchmim	li	mrum		
	they-gasp	ones-lying-in-wait-for-me	all-of	the-day	that	many	ones-fighting	to-me	haughtily		
3	אירא	יום	אני	אליך	אבטח						
	ium	aira	ani	alikh	abtch						
	day	I-am-fearing	I	to-you	I-am-trusting						
4	אהלל	באלהים	דברו	בטחתי	באלהים	לא	אירא	מה	יעשה	לי	בשר
	baleim	aell	dbru	bateim	btchthi	la	aira	me	ioshe	bshr	li
	in-Elohim	I-am-praising	word-of-him	in-Elohim	I-trust	not	I-shall-fear	what ?	he-shall-do	flesh	to-me
5	כל	היום	דברי	יעצבו	עלי	כל	מחשבתם	לרע			
	kl	eium	dbri	iotzbu	oli	kl	mchshbthm	lro			
	all-of	the-day	words-of-me	they-are-wresting	on-me	all-of	devisings-of-them	to-evil			
6	יגורו	יצפינו	עקבי	המה	ישמרו	קון	כאשר	נפשי			
	iguru	itzphinu	eme	oqbi	ishmru	quu	kashr	nphshi			
	they-are-stirring-up	they-are-lurking	they	heel-of-me	they-are-observing	as-which	they-expected	soul-of-me			
7	על	און	פלט	למו	באף	עמים	הורד	אלהים			
	ol	aun	phlt	lmu	baph	omim	eurd	aleim			
	on	lawlessness	deliverance	to-them	in-anger	peoples	bring-down !	Elohim			
8	נדי	ספרתה	אתה	שימה	דמעתי	בנאדך	הלא	בספרתך			
	ndi	sphrthe	athe	shime	dmothi	bnadk	ela	bsphrthk			
	wandering-of-me	you-number	you	place !	tears-of-me	in-skin-bottle-of-you	not ?	in-scroll-of-you			
9	אז	ישובו	אויבי	אחור	ביום	אקרא	זה	כי ידעתי	לי	אלהים	
	az	ishubu	auibi	achur	bium	aqra	ze	idothi	ki	aleim	li
	then	they-shall-return	enemies-of-me	backward	in-day	I-am-calling	this	I-know	that	Elohim	for-me
10	אהלל	באלהים	דבר	ביהוה	דבר	אהלל					
	baleim	aell	dbr	bieue	aell	dbr					
	in-Elohim	I-am-praising	word	in-Yahweh	I-am-praising	word					
11	אהלל	באלהים	לא	אירא	מה	יעשה	אדם	לי			
	baleim	btchthi	la	aira	me	ioshe	adm	li			
	in-Elohim	I-trust	not	I-shall-fear	what ?	he-shall-do	human	to-me			
12	עלי	אלהים	נדריך	אשלם	תודת	לך					
	oli	aleim	ndrik	ashlm	thudth	lk					
	on-me	Elohim	vows-of-you	I-shall-pay	acclamation-offerings	to-you					
13	כי	הצלת	נפשי	ממות	הלא	רגלי	מדחי	להתהלך	לפני	אלהים	
	ki	etzlth	nphshi	mmuth	ela	rgli	mdchi	lethelk	lphni	aleim	
	that	you-rescued	soul-of-me	from-death	not ?	feet-of-me	from-expulsion	to-walk	before	Elohim	
	החיים	באור									
	baur	echiim									
	in-light-of	the-living-ones									

¹ . <<To the chief Musician upon Jonathelemrechokim, Michtam of David, when the Philistines took him in Gath.>> Be merciful unto me, O God: for man would swallow me up; he fighting daily oppresses me.

² Mine enemies would daily swallow [me] up: for [they be] many that fight against me, O thou most High.

³ What time I am afraid, I will trust in thee.

⁴ In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

⁵ Every day they wrest my words: all their thoughts [are] against me for evil.

⁶ They gather themselves together, they hide themselves, they mark my steps, when they wait for my soul.

⁷ Shall they escape by iniquity? in [thine] anger cast down the people, O God.

⁸ . Thou tellest my wanderings: put thou my tears into thy bottle: [are they] not in thy book?

⁹ When I cry [unto thee], then shall mine enemies turn back: this I know; for God [is] for me.

¹⁰ In God will I praise [his] word: in the LORD will I praise [his] word.

¹¹ In God have I put my trust: I will not be afraid what man can do unto me.

¹² Thy vows [are] upon me, O God: I will render praises unto thee.

¹³ For thou hast delivered my soul from death: [wilt] not [thou deliver] my feet from falling, that I may walk before God in the light of the living?